

Post-Card Examinations.

We are pleased to announce that in the *forty-second* of this series of examination questions:—

"How would you Nurse a Case of Puerperal Fever?"

Miss A. L. EYRE, whose card we produce, has secured the prize of a book or books to the value of five shillings:—

Miss A. L. Eyre, 74 Queen St. Castle Douglas
How would you nurse a case of P.B.
Puerperal Fever?
Keep patient in bed, made up with draw
sheet & mackintosh, which must be
kept smooth & free from damp. Patient
must keep the recumbent position, have
pillow under knees when lying on back.
be free from worry & excitement, baby
taken from breast. Hot applications to
abdomen, turpentine stupe with 20 to 30
drops of Laudanum sprinkled on it,
or if skin very tender linseed poultice,
every 2 or 3 hours Give vaginal douche
3 or even 4 times daily using either Carb
or 40 Carbolic or 1 in 2, or Conium Sublim.
of the latter watch for & report to doctor
first sign of diarrhoea, as indication
of mercurial poisoning. A good way
for douching is to use 1 to 2 quarts of
body solution & follow with Con. Sub.
Take a regular temp. pulse & respiration
every 4 hours. Keep air of room as fresh as
possible & at a temp. of 60°. Give the most
nourishing kind of food possible, a
little & often, with absolute regularity.
If much sickness nutrient enemata, in a
quantity & often. Rub back with spirit
3 times daily. In every thing ensure perfect
cleanliness of the patient, the bed, & our
person, always disinfecting hands &
using nail brush after attending to
patient. The three main things are
the food, perfect cleanliness, & hot applica-
tion.

I am "a subscriber."

The following have obtained "HONOURABLE MENTION":—

Miss EVA A. ELLIOTT.
Miss EMILY SANDERSON, M.R.B.N.A.
Nurse CHARLOTTE COOPER.
Miss FLORENCE SHEPPARD, M.R.B.N.A.
Miss ELLEN BUCKLAND, M.R.B.N.A.
Nurse ELIZABETH WHITE, M.R.B.N.A.
Nurse ELIZA BAYLISS, M.R.B.N.A.

The "NURSING RECORD" has a Larger Sale than any other Journal devoted solely to Nursing Work.

Three Factors in the Training of Probationers.

BY Miss E. J. R. LANDALE.

AMONG all the questions relating to the Nursing profession which have been discussed of late, none has been more un-animously agreed on than that of the necessity of a definite training for a period of years before any woman may be acknowledged as a qualified Nurse; and the "three years' training system" is now, on all sides, talked of as desirable. While this is, most certainly, a step in the right direction, it is to be hoped that effort will not end here. Little good will be done if the three years passed in a Hospital is to be considered as sufficient guarantee of training without regard to what a Nurse does, or is taught, during that time. I know of a case in which the Nurse, after having been a considerable time in surgical wards, was sent as a night Nurse to 33 medical patients, and had then to train herself in medical Nursing. She had been five years in the profession before she had an opportunity of seeing anything of Probationers' work in medical wards. That could not be called "Hospital training," for the Hospital patients, not the Hospital authorities, taught that Nurse her work.

Again, the Nurse who is to be sent to private Nursing needs very special training in many particulars; but, among all the women sent by Private Homes to Hospitals to get such training, how few receive any special preparation for the work they are ultimately to do. The district Nurse has a better chance; but she, too, might have more efficient preparation than is generally given.

These two—the private Nurse and the district Nurse—require, above all things, to be women of resource, for in Hospitals they have every appliance at hand; but very often, when they go to a private house, or among the poor, they feel most helpless.

It seems to me, therefore, that it comes to be a very important question—How are Probationers to be trained? First, it may be well to consider the meaning of the word "training" in its full significance, and then to consider methods at present in use. As a fruit tree is trained, supported, and pruned that it may bear well developed fruit, so the Probationer must have the strength of her character and capabilities directed, and her weak points strengthened and made firm, her self-confidence pruned down to the necessary qualifications of presence of mind and forethought. The

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